

~*~ *This 'n' That* ~*~

Date	11am Service	9:45am Adult Forum
December 20	“Celebrate Yule ~Winter Solstice” Service Leader: Heidi Gould	NO FORUM

Our UU Principles
We covenant to affirm and promote:

The inherent worth and dignity of every being;

Justice, equity, and compassion in human relations;

Acceptance of one another and encouragement to spiritual growth;

A free and responsible search for truth and meaning;

The right of conscience and the use of the democratic process;

The goal of world community with peace, liberty and justice for all;

Respect for the interdependent web of all existence of which we are a part.

A TLC Request...Can you help?

Dea, our MqtUU president, is really quite ill with the flu and her physician has asked her to self-quarantine for two weeks at home. As many of you know, she is quite isolated in a country setting with two young boys and only her working spouse (who is away during the day) to help.

Cooking while being this ill is very challenging. Let's step up as a community to help this young family through a tough patch!

If you could drop a meal off at their home, please sign up. We do have a local drop off site too at NorthStar Academy between 1-3pm while school is still in session (I think through 12/22). Label the food for the Kowalczyk family. Denise Brown, the administrative assistant, is our contact person there and will help you get it in their refrigerator.

To get the link for Dea's link page at Meal Train email Heidi Gould at Mqtuadassist@gmail.com.

Questions? Phone Heidi at [906-361-2643](tel:906-361-2643) or

contact Nancy Sullivan [906-360-3790](tel:906-360-3790) , nance249@gmail.com.

Thanks!

The Community Development Committee



THANK YOU!

Much gratitude to those who have brought treats for our coffee hour following the service. Most recently our donors have been Gail Griffith, Dharmini and Jon Robertson, Jill Mielcarek & the RE committee for the bread service, and Anne Stark.

We try to thank our food volunteers by recognizing them each week on a small sign located on the kitchen table. Please add your name to the sign if you bring us a surprise treat some Sunday morning. Thanks again!

Check us out on the web @ mqtuu.org





TONIGHT!
Here We Go A~Caroling!
Meet at Norlite @ 6pm
Call Tim for more info: 346-2122



Tomorrow!
At MqtUU Meeting House @ 8pm
Siusan O'Rourke & Zig Zietler
Perform In Concert
"An Irish Night Before Christmas"

*Yule and Full
Moon celebration!*



Sunday @ 3pm



Come join us as we celebrate the return of the sun, holiday lore, a small gift exchange, and the warmth of community!

PLEASE BRING: An event donation, a dish to share, and 12 to 20 found object, small homemade creation, or other small inexpensive gift for the annual festive gift exchange. Coffee, tea, and hot wassail (non-alcoholic) will be provided.

**December
"Share the Plate"
Recipient**



UUSC advances human rights through grassroots collaboration. In more than a dozen countries throughout the world, UUSC fosters social justice and works toward a world free from oppression. UUSC's innovative approaches and measurable impact — in promoting economic justice, bolstering environmental justice, and protecting rights at risk — are grounded in the belief that all people have inherent power, dignity, and rights.

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From the UUA

Watch the annual [holiday message](#) from the Rev. Peter Morales, president of the Unitarian Universalist Association. He shares a personal and profound experience.

