This 'n' That

Date	11am Service	9:45am Adult Forum
January 31	"The Last of the Old Fashioned Winter Lovers." Service Leader: February Sky** Followed by CONGREGATIONAL MEETING	NO FORUM

Our UU Principles
We covenant to affirm
and promote:

The inherent worth and dignity of every being;

Justice, equity, and compassion in human relations;

Acceptance of one another and encouragement to spiritual growth;

A free and responsible search for truth and meaning;

The right of conscience and the use of the democratic process;

The goal of world community with peace, liberty and justice for all;

Respect for the interdependent web of all existence of which we are a part.

Check us out on the web @ mqtuu.org



**At Solstice we celebrate the beauty of Winter, but come January 1st the lights go out, the tinsel is in the garbage and the parties are over. Not so very long ago, Winter was seen as a season with its own unique pleasures and delights just like any other. This service will explore the possibility of finding a way to enjoy this time rather than simply enduring it. – February Sky

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Valentine's Tea

On Sunday, February 14th, RE will continue our tradition of hosting Gifts of the Heart Valentine's Tea Service. The service is abbreviated and led by our children with a luncheon to follow. In RE, we will work with children to come up with a theme, choose readings and learn a song to share. Also, please talk to your child/ren and ask them if they would like to participate. In the past, we have had children/young adults sing, play instruments, read poetry, share jokes, and dance. Please let me know if your child would like to participate.

More details to come, but please, mark your calendar and join us if you can.

Family Event

We would like to host a family event in February. Most of you have seen the plates decorated by RE youth. They are 10+ years old and many of the kids are grown up. We want to capture the talent of our current youth and recently purchased materials to create bowls. (Think: Annual Soup Dinner). We will also bring out games and enjoy a meal together. If there is a Friday or Saturday late afternoon/early evening that works best for you, please let me know and we will plan event around those who want to participate.

Thank you! Sarah Johnson



Chair Yoga has begun. All are welcome!
Wednesdays at 1 p.m. through Feb 17th @ Coldwater Haven Studio 715 W. Washington across from Harlow park
Suggested donation \$5 - all donations go to the UU



Saturday, Jan. 16 through Sunday, Feb. 14, people of faith and conscience will show up for Black Lives Matter and racial justice throughout the country as part of Thirty Days of Love. Learn more through Standing on the Side of Love social media and on the website.

MqtUU Congregational Meeting – January 31

AGENDA

- 1. Religious Exploration Update
- 2. Minister Process Update
- 3. Committee Projects
 - a. Committees Chairs or members can speak on accomplishments and project goals
- 4. Presentation of MqtUU Organization Chart
- 5. Treasurer's Report

(Please bring finger food or snack to share)

January "Share the Plate" Recipient



SisterUP works directly with people suffering from a variety of diagnoses to enable them to access support services such as yoga therapy, massage, and material resources (including food and transportation support), which facilitates local community networks and the well being of our society. SisterUP assists many local businesses on a wide range of projects that helps support those with cancer or chronic illnesses.

Sisterup.org

Coming Up at MqtUU...

Saturday, January 30 @ 10am

Please join us for food, fun and adventure as we work together to improve the function and aesthetics of our Meeting House!

Chores: Decluttering, Organizing rooms, closets and shelves and light wall washing! YAY!! Come one, come all and have great fun!



Sunday, January 31 @ 12:30pm

Please stay after the service to share thoughts, comments and concerns on how our congregation can improve our service to the community! Also learn what the committees are up to and how to get involved!

Friday, February 12 @ 6pm

UU Theists Discussion and Potluck Join a group of UUs to talk about God, and Theism. A forum for those who believe in deity to have discussion, sharing, and community with others. Please bring a dish to share. Interested? Contact Dharmini Robertson or Anne Stark. dharminirobertson@gmail.com

sermon spiritual spiritual faith covenant soul amen doug theology

or anne.stark@gmail.com