## This 'n' That

Dat	te	11am Service	9:45am Adult Forum
Jan	uary 24		"Preview and Discussion of the MqtUU Congregational Meeting on January 31." Host: Tom Sullivan

Our UU Principles
We covenant to affirm
and promote:

The inherent worth and dignity of every being;

Justice, equity, and compassion in human relations;

Acceptance of one another and encouragement to spiritual growth;

A free and responsible search for truth and meaning;

The right of conscience and the use of the democratic process;

The goal of world community with peace, liberty and justice for all;

Respect for the interdependent web of all existence of which we are a part.

Check us out on the web @ mqtuu.org



### **VOLUNTEERS NEEDED**

## MqtUU is sponsoring a Noque Aid Station!

MqtUU Volunteers for an hour or two each on Saturday, **January 23 between 9:00 a.m. and 1 p.m.** to be at the aid station outside Negaunee and they can call or email Anne Stark or Barb Michael to sign up! <a href="mailto:anne.stark@gmail.com">anne.stark@gmail.com</a> or <a href="mailto:michael.barbara.102@gmail.com">michael.barbara.102@gmail.com</a>

Chair Yoga has begun. All are welcome!
Wednesdays at 1 p.m. through Feb 17th
Coldwater Haven Studio
715 W. Washington across from Harlow park
Suggested donation \$5 - all donations go to the UU

#### Soon to be started:

A group for UUs to talk about God, and Theism Our focus is for those who believe in deity to have a forum for discussion, sharing, and community with others.

Interested? Contact Dharmini Robertson or Anne Stark.

dharminirobertson@gmail.com or anne.stark@gmail.com





Saturday, Jan. 16 through Sunday, Feb. 14, people of faith and conscience will show up for Black Lives Matter and racial justice throughout the country as part of Thirty Days of Love. Learn more through Standing on the Side of Love social media and on the website.

## **January** "Share the Plate" **Recipient**



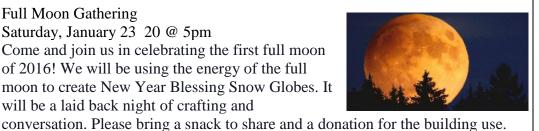
SisterUP works directly with people suffering from a variety of diagnoses to enable them to access support services such as yoga therapy, massage, and material resources (including food and transportation support), which facilitates local community networks and the well being of our society. SisterUP assists many local businesses on a wide range

of projects that helps support those with cancer or chronic illnesses.

Sisterup.org

# Coming Up at MqtUU...

Full Moon Gathering Saturday, January 23 20 @ 5pm Come and join us in celebrating the first full moon of 2016! We will be using the energy of the full moon to create New Year Blessing Snow Globes. It will be a laid back night of crafting and



Sunday, January 24 @ 12:30pm

Stay after the service to share your input, thoughts, comments, suggestions on how MqtUU members can improve our service to our community! Learn what the committees are up to and plans for the future.

Saturday, January 30 @ 10am Please join us for food, fun and adventure as we work together to improve the function and aesthetics of our Meeting House!





Sunday, January 31 @ 12:30pm Stay after the service to share thoughts, comments and concerns on how our congregation can improve our service to the community! Also learn what the committees are up to and how to get involved!



Transform yourself and your congregation to ensure that liberal religious values will have more impact in the world. Deepen your faith, connect with other UU leaders and grow your congregation.

The UU Leadership Institute is offering several Spring 2016 courses for only \$30 per course, per semester. Healthy Leadership 101 (recommended for all leaders), other courses include: \* Public Theology, \* Outreach and Growth, \* Intercultural Skills

## FROM: Northern Climate Network

Upcoming climate change education & discussion events.

Friday, January 22 at Noon, Jamrich Building Room 1320

Jenn Hill, Program Manager at Superior Watershed Partnership will discuss the recent climate talks in Paris and what the agreement means for our region and local energy production.

Wednesday, January 27 at 7PM, Jamrich Building Room 1100 (large auditorium)

In partnership with Transition Marquette County, we will host a free screening and discussion about the new documentary, "This Changes Everything" based on Naomi Klein's book by the same title.

Friday, January 29 at Noon, Jamrich Building Room 1320

Heather Nobert from the Nebraska Forest Service will discuss bio-char and the possibilities for carbon sequestration in our region. This presentation is also co-sponsored with Transition Marquette County.

All events are free and open to the public. If you have any questions, ideas or suggestions, please e-mail - jessitho@nmu.edu

Jes Thompson



# Winter WomanSpirit 2016



### **Recognizing Our Calling with Reverend Kate Braestrup**

February 5th - 7th

First Church in Hyde Park, Chicago

Kate, our keynote speaker, knows intimately what unexpected change means. In a second's time her life was turned upside down; one day she was a married mother of four and the next she was a widow raising four children under the age of nine.

WomanSpirit is a reprieve in the midst of winter -- a chance to nourish your soul with workshops and worship, good food and a little shopping with woman-centric vendors.

Join us. http://www.womenandreligion.org/event-registration.html

Email any questions to: <a href="mailto:uuwandr@gmail.com">uuwandr@gmail.com</a>

