

This 'n' That

Date	11am Service	9:45am Adult Forum
January 17	"Jimmie Lee & James: MLK Service." Service Leaders: gg gordon and Barb Michael	"Native American Logos" Host: gg gordon

Our UU Principles
We covenant to affirm and promote:

The inherent worth and dignity of every being;

Justice, equity, and compassion in human relations;

Acceptance of one another and encouragement to spiritual growth;

A free and responsible search for truth and meaning;

The right of conscience and the use of the democratic process;

The goal of world community with peace, liberty and justice for all;

Respect for the interdependent web of all existence of which we are a part.

Opportunities to celebrate Martin Luther King Day:

At MqtUU

Sunday, Jan. 17 @ 11am ~ "Jimmie Lee & James"

At Peter White Public Library

Monday, Jan. 18 @ 1pm ~ "Selma, Lord, Selma" (rated pg) and @ 7pm "Freedom Riders"

At NMU

March for Equality - Celebrating Dr. Martin Luther King, Jr.

Monday, January 18 @ 12:00 pm

Join us for a march in celebration of the life and of Dr. Martin Luther King, Jr. and the legacy that he left. The march will begin in the Payne/Halverson Hall. A program and service projects are set to follow the conclusion of the march.

MLK Week Featured Speaker: Dr. Antoine Moss

Thursday, January 21 @ 7:00 pm

Dr. Antoine Moss helps individuals achieve their dreams and advance to the next level in their lives and careers. He inspires people to overcome past failures, current obstacles, and self-defeating beliefs through positive self-transformation. It is through this work that Dr. Moss has earned the moniker "The Man of Inspiration".

Come listen to Dr. Moss' talk titled, "3 Steps to Becoming Unstoppable with Your Purpose and Mission in Life" at 7:00 p.m. on Thursday, January 21 in the Michigan/Huron Rooms of the University Center as part of our celebration of the life and legacy of Dr. Martin Luther King, Jr.



Saturday, Jan. 16 through Sunday, Feb. 14, people of faith and conscience will show up for Black Lives Matter and racial justice throughout the country as part of Thirty Days of Love. Learn more through Standing on the Side of Love social media and on the [website](#).

Check us out on the web @ mqtuu.org



**January
"Share the Plate"
Recipient**



SISTER UP!

SisterUP works directly with people suffering from a variety of diagnoses to enable them to access support services such as yoga therapy, massage, and material resources (including food and transportation support), which facilitates local community networks and the well being of our society. SisterUP assists many local businesses on a wide range of projects that helps support those with cancer or chronic illnesses.

Sisterup.org

**Coming Up at
MqtUU...**

Full Moon Gathering

Saturday, January 23 20 @ 5pm

Come and join us in celebrating the first full moon of 2016! We will be using the energy of the full moon to create New Year Blessing Snow Globes. It will be a laid back night of crafting and conversation. Please bring a snack to share and a donation for the building use.



**BOARD
of Trustees'
MEETING**

Sunday, January 24 @ 12:30pm

Stay after the service to share your input, thoughts, comments, suggestions on how MqtUU members can improve our service to our community! Learn what the committees are up to and plans for the future.

Saturday, January 30 @ 10am

Please join us for food, fun and adventure as we work together to improve the function and aesthetics of our Meeting House!



Sunday, January 31 @ 12:30pm

Stay after the service to share thoughts, comments and concerns on how our congregation can improve our service to the community! Also learn what the committees are up to and how to get involved!

UU Leadership Institute



Transform yourself and your congregation to ensure that liberal religious values will have more impact in the world. Deepen your faith, connect with other UU leaders and grow your congregation.

The [UU Leadership Institute](#) is offering several Spring 2016 courses for only \$30 per course, per semester. [Healthy Leadership 101](#) (recommended for all leaders), other courses include: * [Public Theology](#), * [Outreach and Growth](#), * [Intercultural Skills](#)



Martin Luther King, Jr.

January 15, 1929 - April 4, 1968

"I have decided to stick with love. Hate is too great a burden to bear."

Winter WomanSpirit 2016



Recognizing Our Calling with Reverend Kate Braestrup

February 5th - 7th

First Church in Hyde Park, Chicago

Kate, our keynote speaker, knows intimately what unexpected change means. In a second's time her life was turned upside down; one day she was a married mother of four and the next she was a widow raising four children under the age of nine.

Come join a community of like-minded women for a weekend exploring what change can bring us. On Saturday afternoon, Kate will lead an all-conference workshop that examines how we can make sense of those sudden shifts.

WomanSpirit is a reprieve in the midst of winter -- a chance to nourish your soul with workshops and worship, good food and a little shopping with woman-centric vendors.

Join us. <http://www.womenandreligion.org/event-registration.html>

Email any questions to: uuwandr@gmail.com

